

# East Coast-West Coast

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Type : 32 Count, 4 Wall Linedance (WCS)  
Level : Improver  
Music : "New York" by Paloma Faith (BPM 98)

## WALK, WALK, ROCK, RECOVER, STEP BACK SWEEP ¼ TURN, SAILOR STEP, WALK, WALK

1	RF	Walk forward
2	LF	Walk forward
3	RF	Rock forward
&	LF	Recover
4	RF	Step back sweep LF from front to back ¼ turn left (9:00)
5	LF	Cross behind
&	RF	Step side right
6	LF	Step side left and slightly forward
7	RF	Walk forward
8	LF	Walk forward

## ¼ TURN STEP SIDE, CROSS, TOUCH SIDE, ROCK BACK, RECOVER, STEP, ROCK, RECOVER, STEP BACK, HOLD, BALL STEP

&	RF	¼ turn left step slightly side right (6:00)
1	LF	Cross in front of RF
2	RF	Touch side right
3	RF	Rock back
&	LF	Recover
4	RF	Step forward
5	LF	Rock forward
&	RF	Recover
6	LF	Step back
7		Hold
&	RF	Step next to LF
8	LF	Step forward

## TOE STRUT, ¼ TURN TOE STRUT, ¼ TURN TOUCH, ¼ TURN TOUCH, ¼ TURN TOUCH, HOLD

1	RF	Touch forward with hip bump
2	RF	Heel down
3	LF	¼ turn left touch forward with hip bump
4	LF	Heel down (3:00)
&	LF	¼ turn left
5	RF	Touch side right (12:00)
&	LF	¼ turn left
6	RF	Touch side right (9:00)
&	LF	¼ turn left
7	RF	Touch side right (6:00)
8		Hold

## & TOUCH, & TOUCH, HOLD, & TOUCH, BODY ROLL, ¼ TURN KICK BALL STEP

&	RF	Step next to LF
1	LF	Touch side left
&	LF	Step next to RF
2	RF	Touch side right
3		Hold
&	RF	Step next to LF
4	LF	Touch side left
5	RF	Start body roll
6	LF	Finish body roll with weight on LF
7	RF	¼ turn right kick forward (9:00)
&	RF	Step next to LF
8	LF	Step forward

**Restart 1** – In the 4<sup>th</sup> wall (starting 3:00), only do the first 8 counts of the dance and start again facing 12:00. (5<sup>th</sup> wall)

**Restart 2** – In the 9<sup>th</sup> wall (starting 12:00), do the first 8 counts of the dance, then do this...

&	RF	¼ turn left step slightly side right (6:00)
1	LF	Cross in front of RF
2	RF	Touch side right
3		Hold
&	RF	Rock back
4	LF	Recover

Then start again facing 6:00.

**Note**...The clock descriptions are for where you should be facing, *not* which direction you should step.